

# Marilyn Boyle, M.A., M.T.S.

*Compassionate Counseling & Psychotherapy for Individuals,  
Couples, Families, and Groups*

## practice philosophy

I welcome all, regardless of diverse race, culture, class, ability, religion, gender and sexual orientation. My goal is to provide a safe and confidential environment for you (or you and your loved ones) to explore the problems you are facing and to work with you to discover long-term solutions. I seek to foster your emotional, mental and relational growth in an atmosphere of trust and respect.

My counseling approach will vary according to the differing needs of clients. My theoretical perspective combines theories of psychodynamic & psychoanalytic psychotherapy, insight-oriented therapies, family-of-origin & systems theory, narrative therapy, cognitive therapy, pastoral psychotherapy, movement therapy, energy therapy and humanistic therapy.

I am committed to providing you with the tools that assist you in better understanding yourself and your relationships, making clear choices, noticing the patterns of your life, and becoming more fully yourself.

I've worked in the mental health field for the past 20 years. I am grateful each day for the opportunity to be a therapist and I continue to grow from each person I meet.

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